

SPECIALISED THERAPIES

Indian Head Massage (30 minutes) £45.00

Based on both traditional and Indian techniques using a variety of massage movements. This is totally non-invasive treatment and can be performed over clients' clothes. Includes the face, scalp, neck, shoulders and upper back.

Hot Stone Massages

Back Massage (30 minutes) £45.00

Full Body (90 minutes) £95.00

A blissful experience! Hot stones are used to skilfully massage your body using aromatic oils.

Aromatherapy Massage (60 minutes) £75.00

After a consultation, essential oils are selected for use during this full body treatment.

Reflexology (60 minutes) £75.00

During the treatment, your feet are gently massaged and subtle changes in specific points corresponding organs or systems in the body are also worked upon through only touching the feet.

Hopi Ear Candles (30 minutes) £45.00

By inducing a pleasant feeling of warmth and a balance of pressure in the ears, forehead and sinuses, this treatment is very soothing and wonderfully relaxing, bringing a deep sense of security and a feeling of happiness. Includes an ear & sinus massage.