RUTLAND HALL
HOTEL & SPA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00-07:45	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming		
08:00-08:45	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming
09:00-09:45	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming
10:00-10:45	Aqua Aerobics	General Swimming	General Swimming	General Swimming	General Swimming	Family Swimming	Family Swimming
11:00-11:45	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	Family Swimming	Family Swimming
12:00-12:45	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Family Swimming	Family Swimming
14:00-14:45	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming
15:00-15:45	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming	General Swimming	General Swimming
16:00-16:45	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming
17:00-17:45	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming	Family Swimming
18:00-18:45	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming	Length Swimming
19:00-19:45	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming
20:00-20:45	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming	Adult General Swimming		