

Swimming Pool Timetable:

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------|------------------------|--------------------------|--------------------------|--------------------------|--------------------------|------------------------|------------------------|
| 07:00-07:45 | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | CLOSED | CLOSED |
| 07:45-08:30 | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming |
| 08:30-09:15 | *Length Swimming* | *Length Swimming* | *Length Swimming* | *Length Swimming* | *Length Swimming* | Length Swimming | Length Swimming |
| 09:15-10:00 | *Length Swimming* | *Length Swimming* | *Length Swimming* | *Length Swimming* | *Length Swimming* | Length Swimming | Length Swimming |
| 10:00-11:00 | Aqua Aerobics | *General Swimming* | *General Swimming* | Aqua Aerobics | *General Swimming* | Family Swimming | Family Swimming |
| 11:00-12:00 | *General Swimming* | *General Swimming* | *General Swimming* | *General Swimming* | *General Swimming* | Family Swimming | Family Swimming |
| 12:00-12:45 | CLOSED | *Adult General Swimming* | *Adult General Swimming* | *Adult General Swimming* | *Adult General Swimming* | Adult General Swimming | Adult General Swimming |
| 13:00-14:00 | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED |
| 14:00-15:00 | *General Swimming* | *General Swimming* | *General Swimming* | *General Swimming* | *General Swimming* | General Swimming | General Swimming |
| 15:00-15:45 | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Family Swimming | Family Swimming |
| 16:00-17:00 | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming |
| 17:00-18:00 | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming | Family Swimming |
| 18:00-19:00 | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming | Length Swimming |
| 19:00-19:45 | Adult General Swimming | Adult General Swimming | Adult General Swimming | Adult General Swimming | Adult General Swimming | Adult General Swimming | Adult General Swimming |

***These sessions don't require pre booking (08:30-15:00 Monday – Friday). They are subject to availability.**