Swimming Pool Timetable:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00-07:45	Length Swimming	CLOSED	CLOSED				
07:45-08:30	Length Swimming						
08:30-09:15	Length Swimming						
09:15-10:00	Length Swimming						
10:00-11:00	Aqua Aerobics	General Swimming	General Swimming	Aqua Aerobics	General Swimming	Family Swimming	Family Swimming
11:00-12:00	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	Family Swimming	Family Swimming
12:00-12:45	CLOSED	Adult General Swimming					
13:00-14:00	CLOSED						
14:00-15:00	General Swimming						
15:00-15:45	Length Swimming	Family Swimming	Family Swimming				
16:00-17:00	Family Swimming						
17:00-18:00	Family Swimming						
18:00-18:45	Length Swimming						
18:45-19:30	Adult General Swimming						

Please note, we advise you to pre-book swimming sessions to secure your space