

March 2026 Swim Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00-08:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Closed	Closed
08:00-09:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only
09:00-10:00	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim
10:00-11:00	Aqua	General Swim	General Swim	General Swim	Aqua	General Swim	General Swim
11:00-12:00	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim
12:00-13:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only
13:00-14:00	Adults Only	Closed	Adults Only	Closed	Adults Only	Adults Only	Adults Only
14:00-15:00	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim
15:00-16:00	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim
16:00-17:00	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim	General Swim
17:00-18:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only
18:00-19:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only
19:00-20:00	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only

Hotel guests are welcome to swim subject to maximum capacities in place. Timeshare members must pre-book prior to arrival.

Adult Only Sessions are 16+. Children welcome to the General Swim; an adult must accompany them.

We ask that all changing room users leave the facility 15 minutes after closure.

Any questions, please contact the leisure team E: leisure@rutlandhall.co.uk